





TAEKWON-DO IS MORE THAN FITNESS...

ADULT TAEKWON-DO PROGRAM

There are many adult fitness choices, but only TAEKWON-DO trains the whole person - BODY, MIND, AND SPIRIT - to achieve complete wellness. In today's complex and competitive world, physical fitness is not enough; you need to empower and strengthen your confidence, control and concentration.

Our professional instructors will help to make your body hard as well as supple; to develop a mind both focused and flexible and create a balance to carry you through every challenge. Rediscover your vigor, your positive outlook on

life and the characteristics which define your personality and values. Success in TaeKwon-Do re-affirms your success in life and prepares you for even greater achievements in the future.

\$69.00

NEW STUDENT INTRO

4 Weeks of Classes Includes Uniform

\$99.00

NEW STUDENT INTRO

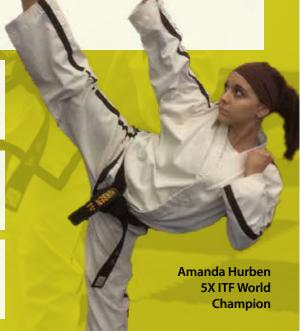
8 Weeks of Classes Includes Uniform

\$159.00

NEW STUDENT INTRO

BUDDY UP! 2 People - 2 Months

Includes Uniform



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